ONLINE AND SOCIAL MEDIA SAFETY TIPS FOR PARENTS AND KIDS

Talk to your child about the importance of their actions online

- ∞ Pictures **NEVER** go away once they are online
- ∞ Things you do and say online can have legal implications
- Things you do to, or post about others online can cost you money, time, your school and freedom.
- MEVER EVER meet somebody in person who you met online you never know who they actually are or who will be with them
- NEVER solicit nude or 'sexy' images
- MEVER send images of yourself that include duck face, kissy face, finger sucking or biting, or any body shot that shows your shape or a lot of skin
- Report inappropriate posts, photos, bullying or solicitation to parents or school officials right away

Cooperate with school officials and law enforcement investigating. Getting evidence from the device is the BEST way to get to the bottom of an issue

- ∞ Typically, we can get evidence or information from a phone and give it back promptly
- ∞ We don't look for evidence of other crimes only the issue we are investigating

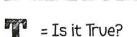
Set rules for all computer use

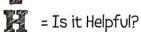
- ∞ No computers in bedrooms (keep them in common areas accessible to you at all times)
- ∞ Do not allow your children to set a password that you do not have
- ∞ Set parental controls and a password for downloading applications
- NO PHONES IN THE BATHROOM − EVER (this is where most nudes are taken)
- Take the phone when your child goes to bed, and return to them in the morning (let them know you may inspect it at any time)
- ∞ Check your child's phone often
- ∞ Do not allow them to download games or applications before you research them
- ∞ Most games have a chat feature which allows users to talk to one another
- ∞ Do not allow your child to have social media accounts that you are not on
- ∞ Inspect social media accounts for friends and inappropriate posts
- ∞ Search online for your child's user names and email accounts
- Remember online gaming almost ALWAYS allows people from around the world access to your child

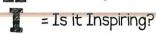


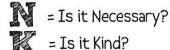












Internet and Social Media Resources

Service Description

Number/Webpage

∞ Child Find Hotline (parents reporting lost children)	800-I-AM-LOST (800-426-5678)
 Child Find of America – A hotline for victims (and their children) trying to escape domestic violence 	800-A-WAY-OUT (800-292-9688)
∞ Child Help USA (for victims, offenders and parents)	800-4-A-CHILD (800-422-4453)
∞ Covenant House Hotline (for problem teens and runaways)	6666-666-008
∞ CyberTipline (to report online victimization of children)	www.cybertipline.com
∞ <u>National Children's Alliance</u>	www.nationalchildrensalliance.org
∞ National Center for Missing and Exploited Children	800-843-5678
∞ <u>National Domestic Violence Hotline</u>	800-799-SAFE (800-799-7233)
∞ <u>National Resource Center on Domestic Violence</u>	800-537-2238, 800-553-2508 (TTY)
∞ <u>National Runaway Switchboard</u>	800-621-4000
∞ National Youth Crisis Home (a referral hotline for youth in crisis)	800-HIT- HOIME (800-448-4663)
∞ Operation Lookout, National center for Missing Youth (for missing child emergencies and sightings) 800-782-SEEK (800-782-7335)	800-782-SEEK (800-782-7335)
∞ The National Coalition Against Domestic Violence	303-839-1852
∞ <u>Prevent Child Abuse</u> ***	312-663-3520
∞ <u>National Council on Child Abuse and Family Violence</u>	www.nccafv.org
□ Teenline □ Teenline	TEXT TEEN to 839863
	https://teenlineonline.org
∞ Suicide Prevention Line (24/7)	http://www.didihirsch.org/spc
	877-727-4747 -OR- 800-784-2433
∞ California Youth Crisis Line (24 hr)	800-843-5200
	800-850-8078
∞ <u>Stay Safe Online – Resources for Parents</u>	https://staysafeonline.org
∞ Parent Guide to Internet Safety	http://www.ncpc.org/topics/internet-safety
🕒 Most social media sites and applications have a 'Frequently Asked Questions' or Parent information section	nt information section



Family cell phone, computer, electronic devices and internet safety rules and usage contract



Before you get started read these 3 statements out loud and initial them. I am being trusted to be a responsible young adult and act in manner that would make my 1. family proud 2. Nothing on the internet is private and will get passed around 3. People online are often times NOT who they say they are People are not always truthful online I understand that using the computer, cell phone, internet and/or other electronic devices is a privilege that I will NOT misuse AND is subject to the following rules: I will allow my parents to set my privacy settings and parental control settings on all of my accounts and devices. I will not bring my phone or device into the restroom or into my private bedroom at any time. I understand that my parents can inspect my phone or device at any time. I will give my parents my passwords for all of my devices, user accounts and social media accounts. I will ask my parents' permission before joining any group, social media site, or other online forum. I will not send or take embarrassing photos of myself, my family, friends or others. I will stop what I am doing and immediately get my parents or an adult, I trust, if someone asks to meet me in person. (*This is a very serious matter and is NOT to be taken lightly.) I will stop communicating with someone if the conversation gets uncomfortable, or if crude or inappropriate language is used. I will NOT lie about my age online. I will NOT click or remain on a page that says it is for people older than my current age (e.g. 'for 18 years old or older only'.) I will NOT give my passwords to anyone other than my parents. I will NOT post or share: my name, age, address, phone number, school, interests, or other personal information, without my parents' permission. I will NOT post or share photos of me, family or friends without my parents' permission. I will NOT post or share offensive or inappropriate images, language, video, or other content. I will NOT allow my phone, tablet or other devices to interfere with sleep, school work, and face to face relationships. I will NOT meet anyone in person who I have met online, even if they are friends of friends. I will NOT engage in person to person, cell phone or any form of online bullying including leaving unkind comments on others' posts or photos. I will let my parents know if I am a victim or witness of online bullying. I will never upload or download pictures, games, music or videos without parental consent. Consequences I understand that I risk the following consequences for violating any of the above: 1. My phone, internet, and non-school access to electronic devices will be eliminated until my parents say otherwise _____, agree to the above conditions for using social media. I also understand that my parents are setting these conditions because they love me and want to keep me safe.

Parent Signature:

Date: